

# No such thing as rubbish!

Produced for members of Sustainable Communities SA by College Park-Hackney  
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**There's more to reducing landfill and energy use than just kerbside recycling.**

## **Refuse**

- > Don't buy things you don't need, avoid packaging, take your own bags.

## **Reduce**

- > Use just a little less of everything.

## **Re-use**

- > Avoid disposables, use things for as long as you can.
- > Be creative - find uses for things, rather than throw them away.
  - > Give away unwanted useable items.

## **Repair**

- > Mend things, or pay a skilled repairer, if at all possible.

## **Recycle**

- > If it can go into the yellow bin, remove all lids, & food residue.
- > If not, make sure it remains a resource, rather than becoming rubbish.

### **“Recycle Right” in your yellow bin**

- Items must be able to be picked up by workers wearing heavy gloves, and not so small they get caught in machinery.
- Ensure articles are clean - Food residue contaminates clean items so they have to be discarded.
- *No plastic bags or soft plastic* in yellow bins – they and any contents will be thrown out.

**Discarded items will end up in landfill!**

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# What can be recycled

**Aerosol cans:** Recycle in yellow bins. Make sure they're empty!

**Aluminium:** Small items e.g. foil yoghurt seals and wine bottle tops (inner paper removed!) can go in yellow bins if made into a ball the size of your hand. Crush and wrap securely into a large sheet of alfoil, or an oven tray. See also: **Lids**.

**Batteries (household):** Battery World Stores, as well as some Councils and public libraries, offer a free recycling service for household batteries.

**Books & Magazines:** Most Op Shops; Oxfam Bookshop (5 Hutt St, Adelaide); Rotary Book Exchange (205B Sturt Rd, Seacombe Gdns); Hutt Community Centre Book Shed (Apex Park off Merrion Tce, Stirling).

**Bread tags:** Place in empty plastic milk bottle with other small plastic items. (*Use only milk bottles, not juice or other bottles*) See also: **Lids**.

**Building Waste:** Metro Waste, 19 Murray St, Thebarton, [www.metrowaste.com.au](http://www.metrowaste.com.au) or Adelaide Resource Recovery, Hanson Rd North, Wingfield, [www.arr.net.au](http://www.arr.net.au).

**Cameras and photographic accessories:** Op Shops; or recycle at Hutt St Photos, 186 Hutt St, Adelaide; or Diamonds Camera stores in the City, Marion Shopping Centre, & Tea Tree Plaza; (or recycle at E-Cycle Recovery, for a small fee).

**Cans, Bottles and Jars:** Rinse and remove lids, then recycle in yellow bin. (See also: **Lids**)

**Car Batteries:** (98% can be recycled) Most Repco, Super Cheap Auto & Battery World Stores recycle car batteries. Some councils have collection points.

**Cardboard boxes & packaging:** Flatten & place in yellow bin.

**CDs, DVDs, videos, audio tapes:** Op Shops take DVDs and videos in good condition. They are E-waste, and can be included in Council E-waste collections; or take to E-Cycle Recovery (small fee applies).

**Clothing:** DO NOT put clothing in recycling bin. Most Op Shops will accept clean clothing for re-sale. Edmonds Recycling Centre pays 10c/kg for good used clothing. Learn to "Upcycle", hold a swap party.

**Computers, working:** May be able to be refurbished for reuse (e.g. for low-income people/refugees) by Australian Computer Society, tel: 0401 495 010 or ITShare, tel: 8339 3116.

**Credit Cards:** Cut in halves and place in plastic milk bottle with plastic lids; then place in yellow bin. (See **Lids**)

## **Electrical Appliances:**

- Rotary has a number of outlets for **working** electrical items. Most Rotary clubs will arrange to pick up goods, too.
- St Georges Church Jumble Mart (Magill) accepts **small working** electrical goods 24 hrs/day via a shed located adjacent to the Hall.
- Lions Club Blackwood & Bargain Centre accept working electrical items, whitegoods and furniture for re-sale.

- Aggie's Op Shop, St Augustines Church at Unley, accept small working electrical items.
- Adelaide Furniture & Electrical purchase second-hand electrical appliances, whitegoods and furniture for re-sale.

See addresses on page 5. See also **E-waste** and **Whitegoods**.

**E-waste:** Computers, TVs, VCRs, DVD players, digital cameras, stereos, photocopiers, printers, fax machines. Many councils now have E-waste collections; there are free drop-offs for TVs and computers at Adelaide Waste & Recycling Centre, Beverley Waste & Recycling Centre or Pooraka Waste Transfer Station – check the Zero Waste SA website for all options. *E-waste contains non-renewable resources, e.g. tin, nickel, zinc, aluminium & copper, and hazardous materials such as lead & mercury. These hazardous substances must not be released into the environment. It is now illegal to put these products in Landfill – DO NOT PLACE IN RECYCLING OR RUBBISH BINS, OR LEAVE ON THE STREET.*

**Food waste:** Composting, bokashi bins and worm farms turn food waste into fertilizer. Or use council-provided kitchen biobaskets and compostable liners for food scraps, which then go in your green bin; or wrap food scraps in newspaper before placing in green bin.

**Green/organic waste:** Place leaves, weeds, grass cuttings, prunings, small branches (up to 15cm in diam) in your green bin.

**Lids:** Can be recycled in your yellow bin as follows:

- Plastic lids - e.g. tops of soft drink bottles, Liquid Paper Board containers, bottles and jars, aerosol cans, food containers – collect in a plastic milk bottle, put lid on and place in yellow bin. You can also put a small slit down the side of a plastic milk bottle and place lids from butter, margarine or icecream containers inside for recycling.
- Metal - e.g. crown seals, beer bottle tops, tops of some food jars and bottles – collect in a metal can, crush can to seal and place in yellow bin.

**Light globes:** Contain mercury and should not go in rubbish bin. They can be recycled at any Mitre 10, Banner, or True Value Hardware store.

**Mattresses:** Most can be recycled. Contact your local Council, or Dreamsafe, a mattress recycling/cleaning company, at 23A Humphreys Tce, Kilkenny, Tel: 1300 551 245. If they collect, cost is \$35 per piece, if you deliver, \$15 per piece. Adelaide Eco Bins also collect mattresses for recycling, Tel: 8280 6533.

**Mobile Phones:** Mobile Muster recycles mobile phones including the battery, charger & SIM Card (remove personal information first). Look for collection points at phone retailers, post offices and council offices.

**Paper and envelopes:** (Clean, NOT shredded) Recycle in yellow bin. **Shredded paper:** place in large paper bag, old envelope or cardboard box so it will not clog machinery, then recycle in yellow bin. Small amounts can go in green organics bin.

**Pet Waste:** Check with your local Council – most accept pet poo if placed in your green organics bin (*NO plastic bags unless compostable*). Kitty litter (paper based only) can also go in green bin.

**Pill sleeves (foil-topped plastic):** Large quantities are accepted by Sims Metals, Lonsdale, Tel: 8186 2136

**Pizza boxes:** If clean, put in yellow bin. If have food residue on them, put in green organics bin.

**Plastic bags/soft plastic:** Recycle soft plastics & reusable shopping bags in designated bins at Coles & other local supermarkets. Plastic sheeting including black and orange sheet plastic – check with Edmonds Recycling Centre or Magill Recycling who might take this.

**Plastic food containers:** Any plastic container which holds its shape when crushed in your hand can be recycled in your yellow bin.

**Plastic freight strapping, and baler twine:** Can be pushed into a milk bottle and go in yellow bin. If put into rubbish bin, should be cut into short pieces so it doesn't entangle wildlife.

**Plastic plant labels, plastic cutlery, onion nets, toothbrushes, drinking straws:** Recycle in a plastic milk bottle.

**Plastic plant pots:** Make sure plastic pots, seedling trays and containers are free of any soil, then recycle in yellow bin.

**Polystyrene cups, packing and trays:** Must be clean and free of food waste and other contaminants. Recycle at Bill Caire's Cases, Unit 5, 15 Burma Rd, Pooraka, ph. 0408 819 579 (open til 12 Noon weekdays); or Coolfoam, 3/12 Kingstag Cres, Elizabeth West, ph. 8287 3666.

**Postage Stamps:** Used, undamaged - College Park & Unley SCSA Groups, and NE LETS stall at One Planet Market, collect these for Quaker Op Shop.

**Power cords:** Can be sold to Daw Park Recycling Centre for \$2-50/kg.

**Printer Cartridges** (from printers, photocopiers and fax machines): If they can't be refilled, recycle at Cartridge World, Dick Smith, Tandy, Officeworks and Australia Post stores.

**Reading glasses:** Collected by Laubman & Pank and some other optometrists, sorted, and sent overseas for re-use.

**Smoke alarms:** Can be disposed of in your rubbish bins - no more than 2 in any bin load of rubbish.

**Sneakers:** Are recycled by Nike and used for surfacing, e.g. for playgrounds & tennis courts. Recycle any brand in bins at Joggers World stores (123 Pirie St, City or 391 Fullarton Rd, Fullarton) or Nike (Level 2, Westfield Shopping Centre, Marion).

**Tyres:** Contact your council for addresses of recycling centres, or find someone who wants to build an earthship!

**Whitegoods:** If working, contact Rotary (see addresses P.5), sell them or give them away. Most scrap metal businesses will recycle non-working washing machines, fridges and freezers, at no cost.

**X-rays:** (These contain silver which can be recovered.) Take to Red Cross Centres, or Quantum Technical Services (1 Deeds Rd, Camden Park); some councils have collection points.

## **What can't be recycled (place all in general rubbish)**

- Compostable plastic bags **must not** go into soft plastics recycling.
- Corks – corks do not break down easily in compost. Try to find ways of re-using these useful items.

- Laminated items
- Plastic postal bags/envelopes with black inner lining
- Foil-topped plastic capsule (pill) containers
- Postpaks – paper with bubble wrap lining – but if you remove the paper, the lining can be recycled with soft plastics
- PVC piping
- Garden hose
- Pyrex, Corning Ware, sheet or *broken glass*, drinking glasses
- Broken crockery, tableware.

**Get creative, and find ways of re-using these items if you can!**

**ONE PLANET MARKET:** Every 3<sup>rd</sup> Sat of the month at Payneham Community Centre – Sell, Swap & Share many things here including fruit & vegies.

## Addresses

**Recycling Centres:** Edmonds, 389 Glen Osmond Rd, Glen Osmond, Tel: 8379 9955; Magill, 6-8 Nightingale Ave, Magill, Tel: 8333 1033. (For other areas, see *Recycling Depots* in Yellow Pages)

**E-waste:** Adelaide Waste & Recycling Centre, 181 Morphett Rd, North Plympton, Tel 8295 5077; Beverley Waste & Recycling Centre, 2-6 Toogood Ave, Beverley, Tel: 8408 1350; Pooraka Waste Transfer Station, 61 Research Rd, Pooraka, Tel: 8261 5348.

**E-Cycle Recovery:** 12-14 Baulderstone Rd, Gepps Cross, Tel: 8262 4074

**Rotary:** Campbelltown, The Shed, Benjamin Rd, Newton, Tel: 8337 3377; St Peters Giant Shed Sale, Linde Reserve, Stepney, every Saturday 8.30-12 Noon, Tel: 8411 0277; Unley Thrift Shop, 130 Unley Rd, Tel: 8172 0900. Refer to the Business volume of the White Pages for even more.

**St Georges Church Jumble Mart:** 43 St Bernards Rd, Magill, Tel: 8364 4152 – Leave quality goods in shed in car park. NOT large electrical items, garden furniture etc.

**Lions Club of Blackwood & Bargain Centre:** 8 Colebrook Dve, Eden Hills. Pickup of goods ph. 8370 2144. Open Sats 8.30 – 12.30.

**Aggie's Op shop,** St Augustines Church, 183 Unley Rd, Unley, Tel: 8271 0733 - Hours 9-4 Mon-Frid, 9.30-1 Sats.

**Op Shops:** Your Yellow Pages are a mine of information – see *Charities* and *Recycled Clothing*.)

**Adelaide Furniture & Electrical:** 150 Port Rd, Hindmarsh, Tel: 8340 0114

**Zero Waste SA:** [www.zerowaste.sa.gov.au](http://www.zerowaste.sa.gov.au)

**Freecycle Adelaide:** [http://groups.yahoo.com/group/Freecycle\\_Adelaide/](http://groups.yahoo.com/group/Freecycle_Adelaide/)

**Oz Recycle:** <http://www.ozrecycle.com>

**Please note:** We aim to give you information that is as up-to-date as possible. Recycling policies and practices are constantly changing, so we can take no responsibility for its accuracy. Different recyclers use different machinery and methods. You can use the following Council phone numbers to check what goes into kerbside bins in your area.

Please help us by feeding back any new information you come across: email [anneharton@smartchat.net.au](mailto:anneharton@smartchat.net.au)

### **Council Waste & Recycling Contact Numbers**

Adelaide City Council.....	8203 7203
Burnside Council Waste & Recycling.....	8366 4266
Campbelltown Council Waste Enquiries.....	8366 9222
Charles Sturt Recycling/Wasteline.....	8295 5077
Gawler Refuse Collection & Recycling.....	1800 111 004
Holdfast Bay (SOLO).....	8295 5077
Mitcham City Council/“Recycle Right” line.....	1300 137 118
Marion Council Waste & Recycling Hotline.....	8295 5077
Mt Barker District Council.....	8391 7200
Norwood Payneham St Peters Waste/Recycling Hotline....	8347 5130
Onkaparinga Recycling & Green Waste Hotline.....	8295 5077
Port Adelaide Enfield Waste Line.....	1800 777 844
Prospect Council Waste Enquiry Line.....	1800 283 529
Salisbury Council Waste & Recycling Hotline.....	1800 111 004
Tea Tree Gully Council Waste Services.....	8295 5077
Unley Council Garbage & Recycling Hotline.....	8159 5059
Walkerville Town Council.....	8342 7100
West Torrens Council.....	8416 6333

### **Acknowledgements**

- College Park-Hackney Group of Sustainable Communities SA
- Zero Waste [www.zerowaste.sa.gov.au](http://www.zerowaste.sa.gov.au)
- “*Local Recycling Collection Points, Mt Gambier*” brochure by Community Action for Sustainability Inc.
- “*Beyond the Kerb*” Community Tour on Recycling & Waste Notes, 29/6/11 (Heather, Coordinator of Prospect BUG which supports cycling, sustainable transport & sustainability)